

Special Seminar "Foods for Mental Health"

Current Topics in Mental Health Food

Friday, June 5

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Chair: **Chang Ho Lee** (Korea Food Research Institute, Korea)

MHSS-1 10:00-10:30

Research and Development Project for the Mental Health Food

Daeseok Han (Korea Food Research Institute, Korea)

MHSS-2 10:30-11:10

Food Effects in Human Learning and Memory: How Can Researcher Screen the Effective Substances?

Yoohun Noh (Chung-Ang University, Korea)

Chair: **Daeseok Han** (Korea Food Research Institute, Korea)

MHSS-3 11:10-11:50

Safe Sleep-inducing Substance Search from the Food with Neurophysiological Research Methods

Young-Ho Jin (Kyung Hee University, Korea)

MHSS-4 11:50-12:30

Relationships between Dietary Intake and Cognitive Function in Healthy Korean Children and Adolescents

Seung Wan Kang

(Seoul National University, and National Standard Reference Data Center for Korean EE, Korea)